



Hi Everyone,

Lifesaving

Patrolling members will now receive an automated e-mail from SurfGuard 24 hours prior to Patrol, if you do not receive it, please e-mail admin@cabaslsc.org.au with your e-mail address to update your contact details within your member record.

Patrol Roster is on the [Website here](#), if you can't make your Patrol, make sure you get a Sub.

Patrols this weekend and your friendly Patrol Captains...

Saturday 4th Feb - 10:00 - 14:00 = Patrol 3 PC Michael
Sunday 5th Feb - 08:30 - 12:30 = Patrol 8 PC Jordan
Sunday 5th Feb - 12:30 - 16:00 = Patrol 5 PC Deb

Stay safe and swim where we can see you in between the flags.

Training

Dates are set for this year's Branch run courses which will be held at the Training Rooms at Shelly Beach, [Ballina](#).

Advanced Resuscitation Techniques [AID] (HLTAID007)

Saturday 25th February 2017 8:30am nominations close on 18th February 2017.

First Aid [AID] (HLTAID001, HLTAID002, and HLTAID003).

Saturday 25th March 2017 nominations close on 12th March 2017.

Spinal Management

Saturday 11th February 2017 8:30am nominations close on 4th February 2017.

Course costs for branch run courses will be covered by the club.

Please e-mail training@cabaslsc.org.au if you would like to attend any of the above courses or would like further information.

Competition and Competition Training

Pink Singlets. If your Pink Singlet is no longer High Vis Pink and has faded, it will not be accepted at Branch Carnival. This was brought to my attention last week that we had a lot of competitors in faded singlets across the Branch. Please ensure that you purchase another singlet if you think this may apply to you.

Junior Training. Commencing 8am Wednesday and Friday Mornings.



Senior Training. Competition Training with Brett will be Monday, Wednesday and Friday Mornings 6:30am with Brett/Fletcher. Sunday Mornings 8am with Dave.



Club Donations and Fundraising

[DONATE NOW](#)

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The surf club has now made it even easier for you to help us. Click on the donate button above which will take you to the surf club donation page. You can become a regular contributor to the club for as little as \$2 a week. Click the button now to find out more.

BANK LOCAL AND EARN MONEY FOR OUR SURF CLUB

We have recently partnered with Southern Cross Credit Union as part of their Community Rewards Program. Our Cabarita Beach S.L.S.C. will be rewarded with \$1,000 following funding of any eligible home loan.

The minimum home loan amount to meet eligibility is \$200,000.

A couple of referrals will go a long way to supporting our facilities, families and future projects.

Please spread the word about this great initiative. For more information you can contact our dedicated Home Loan Specialist Mitch Alexander on 0476 811 290.

HELP WANTED

Can you give us a hand? 24th February 2017 Helpers needed to run BBQ at the Westpac Rescue Helicopter Golf day being held at Pottsville.

All funds raised from the BBQ will come back to our club.

Contact Fred Perlenfein - 0418 590 849

What's on at the Bar

This weekend bar is open Fri, Sat & Sun Midday - Late

Great Cocktails available, just ask the bar staff

Sunday afternoon BBQ - Steak & Chicken Burgers \$7 each, Sausage Sandwich \$2.50

Save the date: Sat 17th Feb - Tunes & Trivia from 3pm

Punters Club

WEEK TWELVE WRAP UP (Saturday 28th January)

This week we had double headers with both teams going head to head. The reason this happened was to allow Murray & Donna Neal to have family rivalry this weekend.

Team Venus:

Lesley Middleton tried lady luck in Sydney with 5 win & place bets they were R1 #5, R4 #15, R7 #8 & R9 #12 with a return of a mere \$19.50. Pat Moore had 3 \$5 x \$5 bets in Sydney also. R3 #4 winner return of \$31.50. R7 #2 scratched & R9 #4 no return. With the scratching from race 7 Pat has \$10 to invest again this weekend if she can return at least \$13.50 go again the following weekend.

Team Mars:

Peter Pilcher has invested in the round ball game (soccer) won't know results until Friday. Details next week. Unfortunately, Peter Foster attended a funeral in Melbourne so will have a go this weekend.

WEEK THIRTEEN Saturday 4th February

As mentioned above Donna Neal V Murray Neal go teams!!!!!!

Waiting on a print out for punters club \$\$\$\$\$\$. Details next week

Member Draws

Sunday Jackpot - last week not claimed Jeffery Foote , now at \$200.00, next draw 5th Feb 2017. So get down to the Club between 4.30pm and 6:00pm. Remember, your name goes back in the draw each week, so if it has been drawn once it CAN be drawn again. Friday night draw was claimed by Mary Anne Perlenfein - congrats! now at \$100.00.

Web: www.cabaslsc.org.au

Social: [Facebook](#)

E-mail: admin@cabaslsc.org.au